



# Community Care Cooperative, Inc. (C3) - pending



With a network of 23 health centers serving 200,000+ MassHealth Medicaid members, C3 – a 501(c)(3) nonprofit – is the largest FQHC-owned Accountable Care Organization in the US

2021

2022

2024

2025

2026

## Justice-Involved Patients

C3 included the Mandela Yoga intervention in its 5-year MassHealth Waiver to support Justice Involved Individuals.

## African American Patient Study

Jointly developed an 18-month Mandela Yoga intervention study collecting the **following eight data**:

## Begin 18-Month Study

C3 will aggregate and de-identify six months of pre-pilot baseline patient data. Patients will practice the Mandela Yoga intervention for six months.

## Conclude 18-Month Study

C3 will provide six months of post-pilot data. MYP will analyze, interpret, use de-identified data to measure impact.



Blood Pressure



Heart Attack Incidence



BMI Mass Index



Use of GLP1-Inhibitors



Hospitalizations



Emergency Dept. Visits



Quality of Life

# HbA1c

HbA1c Levels